

# WAIVER AND RELEASE

Please read, sign, and take to the Pass and ID office, Building 1, Second Floor.

In consideration of being given the option to use the NOAA Western Regional Center Fitness Center, I do, for myself and my family, heirs, executors, representatives, administrators, and assigns, hereby waive, release, and forever discharge the National Oceanic and Atmospheric Administration and its officers, employees, and agents, from and against any and all claims, liabilities, and causes of action, whether foreseeable or unforeseeable, which may at any time arise out of or relate in any manner, directly or indirectly, to my use of said fitness center or participation in any services or programs related thereto. This Waiver and Release shall include, but not be limited to a release of all claims, liabilities, and causes of action which may arise at any time in connection with any injury to me or others, or death, caused by or related to my use of said fitness center or participation in any services or programs related thereto.

I hereby affirm that I have read this Waiver and Release and that I fully understand its contents. I also acknowledge that I have read and fully understand the "Western Regional Center (WRC) Facility Management Rules" governing the use of the exercise room (Fitness Center) located in Building 2 or on the web site at <http://www.wrc.noaa.gov/facilities/exercise.htm>.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_