



FEDERAL OCCUPATIONAL HEALTH

Improving the health, safety, and productivity of our Federal employees.



The Federal Occupational Health (FOH) Clinic at NOAA-WRC provides the following services:

- **Walk-In Care** for assessment and management of minor illnesses and injuries
- **Medical Surveillance and Clearance Exams** for work duty and occupational hazard management
- **Hearing Conservation Program** with audiometry testing and interpretation
- **Tuberculosis Screening and Clearance** for work and work travel
- **Routine Adult Immunizations** for Tetanus/Diphtheria/Pertussis, Pneumonia, and Influenza
- **Traveler's Health Consultation and Immunizations** according to CDC guidelines. Immunizations may include Hepatitis A, Hepatitis B, Japanese Encephalitis, Measles/Mumps/Rubella, Meningococcal, Polio (Inactivated), Rabies, Typhoid Injectable, and Yellow Fever. We currently do not offer Varicella or Singles vaccines. Anti-malarial and anti-diarrheal medications are offered as needed.
- **Health and Wellness Assessments** including FOH Annual Cardiac Risk Profile with lipid panel and fasting glucose, FOH Annual Health Risk Appraisals on healthy behaviors and habits, Biometric evaluation, and Colorectal Cancer Screening
- **Individualized Health Education and Coaching** including alcohol and substance use risk reduction, cancer screening and cancer risk reduction, health maintenance and chronic disease management, healthy lifestyle promotion, injury prevention and management, nutrition, occupational health and safety, physical fitness and activity, stress management, tobacco cessation, and weight management
- **Lactation Support** with lactation consultation and private room for mothers
- **Laboratory Testing** according to interagency agreement and work order
- **Services Prescribed by Personal Health Care Providers** including allergy injections, blood pressure and blood glucose monitoring, periodic bedrest, and other treatment/medication administration approved by FOH
- **Referrals** to Work Life Program, Employee Assistance Program, and other medical providers/services
- **Health Promotion and Outreach Services** to groups and satellite locations
- **Emergency Response Services and First Aid Care** to everyone on campus

Federal employees who are traveling abroad are advised to visit the FOH Clinic 30 days prior to deployment for consultation and clearance. For additional information about the health services we provide, please contact the NOAA FOH Clinic at (206) 526-6895 or WRC.NURSE@NOAA.GOV. To learn more about FOH, visit <http://foh.psc.gov/about.html>. Thank you.